

P.E. Year 10

	Autumn Term		Spring Term		Summer Term	
	1 7 weeks 35 lessons	2 7 weeks 34 lessons	3 6 weeks 29 lessons	4 7 weeks 35 lessons	5 5 weeks 22 lessons	6 7 weeks 35 lessons
Theory	C1 - Applied Anatomy and physiology (1.1,1.2,1.3,1.4)	C1 - (1.5, Exam) wk 1&2 C2 - Movement analysis (2.1,2.2,2.3) wk3-5 Xmas Revision & Mock - (C1 & 2) wk6-7	C3 - Physical Training (wk1-5) Paper 1 Revision & Mock (wk6-7)	Use of data - wk1 C4 - Sports Psych wk2-7	C5 - Socio-Cultural Influences (wk1-5)	C6 - Health (wk1-5) Revision, catch up missed work P2 mock (wk6-7)
Practical	Basketball	Football	Physical Training - (wk1-5) Paper 1 Revision & Mock (wk6-7)	Badminton (wk1-4) Boxing (wk5-7)	Netball	Athletics

Paper 1

Chapter 1 - 24 LO's (8 weeks)

Chapter 2 - 4 LO's (3 weeks)

Chapter 3 Physical Training - 16 LO's All 5 lessons dedicated to this (5 weeks)

Use of Data - 5 Lo's (2 weeks)

Paper 2

Chapter 4 - 16 LO's (6 weeks)

Chapter 5 - 15 LO's (5 weeks)

Chapter 6 - 8 LO's (4 weeks)